

Some items to consider when creating your emergency supply kit.

- Prescription medication
- Water ([see chart](#))
- Non-Perishable food
- Can opener
- First aid kit ([see kit specs](#))
- Whistle
- Flashlight with extra batteries
- Battery powered or hand-cranked weather radio
- Dust mask
- Important family documents in a waterproof container ([see chart](#))
- Cash in bills no larger than \$20
- Sleeping bag or blankets
- Complete change of clothing
- Household chlorine bleach and medicine dropper ([See chart](#))
- Fire Extinguisher



Emergency Supply Kit

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- Waterproof container
- Matches
- Feminine supplies
- Personal hygiene items
- Mess kits
- Paper and pencil (not a pen)
- Garbage bags
- Moist towelettes
- Local, paper maps
- Activities ([see chart](#))



Identification Kit [top](#)

You should have these items in your kit

<input type="checkbox"/>	Identification
<input type="checkbox"/>	Driver's license/State ID
<input type="checkbox"/>	Social Security cards
<input type="checkbox"/>	Birth Certificates
<input type="checkbox"/>	Insurance policies
<input type="checkbox"/>	Bank Account Records

Mess Kit [top](#)

You should have these items in your kit

<input type="checkbox"/>	Utensils
<input type="checkbox"/>	Spoons
<input type="checkbox"/>	Forks
<input type="checkbox"/>	Knives
<input type="checkbox"/>	Plates
<input type="checkbox"/>	Cups
<input type="checkbox"/>	Pots



Activity Kit [top](#)

You should have these items in your kit

Activities

Books

Board Games

Puzzles

Water Sanitation with Bleach Table [top](#)

Sanitation of water using chlorine bleach. DO NOT use scented, color-safe bleach or bleaches with any added chemicals. Filter water to the best of your ability, before sanitizing with bleach.

Gallons of Water

	1	2	3	4	5
Drops of Bleach	16	32	48	64	80



Water Usage Table [top](#)

Long term recommended water supplies based on 4+ weeks. 8 gallons/person/day. Totals derived from water used for drinking, washing, hygiene and sanitation. *Increase water supply to include pets.*

		People								
		1	2	3	4	5	6	7	8	9
Days	1	8	16	24	32	40	48	56	64	72
	2	16	32	48	64	80	96	112	128	144
	3	24	48	72	96	120	144	168	192	216
	4	32	64	96	128	160	192	224	256	288
	5	40	80	120	160	200	240	280	320	360
	6	48	96	144	192	240	288	336	384	432
	7	55	112	168	224	280	336	392	448	504



First Aid Kit [top](#)

You should have these items in your kit

- An up-to-date first-aid manual that you've read
- Emergency phone numbers and contact information
- Sterile gauze pads of different sizes
- Adhesive tape
- Adhesive bandages (Band-Aids) in several sizes
- Elastic bandage
- A splint
- Antiseptic wipes
- Soap
- Antibiotic ointment
- Antiseptic solution (like hydrogen peroxide)
- Hydrocortisone cream (1%)
- Acetaminophen and ibuprofen
- Quality tweezers
- Sharp scissors
- Safety pins



- Disposable instant cold packs
- Calamine lotion
- Alcohol wipes or ethyl alcohol
- Thermometer
- Tooth preservation kit
- Plastic non-latex gloves (at least 2 pairs)
- Flashlight and extra batteries
- A blanket
- Mouthpiece for giving CPR

